

# Head of the Welland Regatta

## Safety Plan

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The following table identifies the various safety initiatives that are implemented for the Head of the Welland regatta.

A full complement of safety boats and equipment will be provided along the length of the course to ensure athlete safety. In addition, shoreline spotters will be located in key waterway obstruction locations to alert crews as needed.

Qualified first aid attendants will be present at the launch/return dock location and the Athlete Building. The Athlete Building also has a fully equipped treatment room for any more serious injuries.

In the event of a severe weather event or other course threat, an evacuation plan has been developed and will be posted in key locations and coaches will be advised of this plan during the mandatory coaches meeting held prior to the start of any racing.

| Safety Initiative                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | DONE | INITIALS |
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| <b>Safety boats</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |      |          |
| <ul style="list-style-type: none"><li>• 10 boats located every 500m along the course</li><li>• Operators trained in athlete extraction</li><li>• Equipped with hand held radio</li><li>• Safety kits &amp; paddle in boats inspected</li><li>• Duffle bag with PFDs inspected</li><li>• Safety vest for operators</li></ul>                                                                                                                                                                                                                                                        |      |          |
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| <b>Bridge Marking</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |      |          |
| <ul style="list-style-type: none"><li>• All bridges marked with signs to show up lanes and race lanes</li><li>• Diagrams provided in team regatta packages</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                               |      |          |
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| <b>Evacuation Plan</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |      |          |
| <ul style="list-style-type: none"><li>• Two (2) shelter locations on course:<ul style="list-style-type: none"><li>◦ Community Boathouse (start area)</li><li>◦ Athlete Building (finish area)</li></ul></li><li>• Evacuation of course:<ul style="list-style-type: none"><li>◦ All athletes/personnel south of Main St. Bridge to go to Athlete Building at finish area</li><li>◦ All athletes/personnel north of Main St. Bridge to go to Community Boathouse</li><li>◦ Safety boats will sweep the course accordingly to ensure no one is left on the course</li></ul></li></ul> |      |          |

| Safety Initiative                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | DONE | INITIALS |
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| <ul style="list-style-type: none"> <li>○ Safety boat at start will bring start personnel over to Community Boathouse</li> <li>○ Safety boats local to spotter locations will advise them of a course evacuation and spotters will use their personal vehicles and report to nearest gathering location.</li> <li>○ Each gathering location will have a designated safety lead to take attendance and report to Regatta Chair.</li> <li>• Regatta Chair in combination with the Chief Umpire will issue all clear over radio communications once danger has passed and it is safety to go back on the water.</li> </ul> |      |          |
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| <b>First Aid</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |      |          |
| <ul style="list-style-type: none"> <li>• First Aid attendant &amp; treatment room in Athlete Building</li> <li>• St. Johns Ambulance located at launch/returns docks</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                        |      |          |
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| <b>Shoreline Spotters</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |      |          |
| <ul style="list-style-type: none"> <li>• Located at Aqueduct</li> <li>• Located at Illuminaqua Stage</li> <li>• Located at Wellness Centre</li> <li>• Located in 1000 m tower</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                               |      |          |
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| <b>Volunteer Safety Orientation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |          |
| <ul style="list-style-type: none"> <li>• All safety items above explained at volunteer check-in.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |      |          |
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| <b>Athlete/Coach Safety Orientation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |      |          |
| <ul style="list-style-type: none"> <li>• All safety items above explained at coaches meeting – Saturday morning before racing starts</li> <li>• Safety items posted on Regatta Central registration website</li> <li>• Evacuation Map posted at Athlete Building, Community Boathouse and Regatta Office (Finish Tower) and provided in team regatta information package</li> <li>• Contact phone numbers for each evacuation gathering location provided on Evacuation Map</li> </ul>                                                                                                                                 |      |          |